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HEART

What Holds First Place in Your Affections?

Girl-Gone-WILD

Christ Is Peripheral

“Her feet go down to death; her steps follow the path to Sheol; she does not ponder the path of life; her ways wander, and she does not know it.”

(Proverbs 5:5–6)

Girl-Gone-WISE

Christ Is Central

“Her heart has not turned back, nor have her steps departed from your way.”

(Psalm 44:18)

Read pages 23–33 in the ***Girls Gone Wise*** book.



THE MAIN POINT

The writer of Proverbs says you can tell a lot about a girl by the way she walks. He advised his son to check out a woman’s feet—that is, her behavior; the way she acts and talks, conducts herself, and the choices she makes—in order to get an idea of the inner state of her *heart*. A girl’s feet and her heart are closely connected. If her *heart* is in love with the Lord Jesus, her *feet* will demonstrate her devotion. A *Wise Thing* gives the Lord Jesus Christ first place in her heart. Her feet follow the inclination of her heart, so she makes cautious, wise, godly decisions about her relationships with men. A *Wild Thing*, on the other hand, does not have Christ at the center of her affections. Because of this, she makes missteps in her relationship with men. “Her ways wander, and she doesn’t know it.” What do your feet say about you?

If the Sage Father were to watch you walk, would He peg you as a Girl-Gone-Wild or a Girl-Gone-Wise?

1. Reread Proverbs 5:5–6 and Psalm 44:18 on the previous page. According to these verses, how does the “way” of a Wild Thing differ from that of a Wise Thing?

2. In your own words, explain what the Bible means when it refers to a woman’s “walk.”



A girl’s walk has to do with the overriding inclination of her heart. Her walk demonstrates where her loyalty lies. It reveals whether her heart is inclined toward the Lord or toward other things.
GGW

3. What does a woman’s “walk” reveal about her?

- What type of shoes she’s wearing
- Which direction she’s headed
- The inclination of her heart
- Where her loyalty lies
- Whether she is wild or wise

4. Look up and read the following verses in your Bible. Draw lines to match each reference to the thought it contains:

Deuteronomy 11:21–23

If we love Jesus, we will do what He says.

John 14:15

Blessing and victory come from loving God, walking in all His ways, and holding fast to Him.

2 John 1:5–6

From the beginning, the Lord has stressed the importance of the heart-foot connection; love means walking in obedience.



5. If the Sage Father were to evaluate your “steps”—the way you think, talk, act, and all the small, daily choices you make—would He peg you as more wild or more wise? Why?

6. Take an honest look inside. Put a mark on the scale below to indicate how close you hold Christ to your heart’s center:



7. What things most compete for that center spot in your affections?

8. What adjustments do you need to make to allow room for Christ to take His rightful place in your heart?

9. The Lord will help you change, if you truly want to. Write out a personalized version of God’s promise by inserting your name in each blank.

“I will give _____ a new heart, and a new spirit I will put within _____. And I will remove the heart of stone from _____’s flesh and give _____ a heart of flesh. And I will put my Spirit within _____, and cause _____ to walk in my statutes and be careful to obey my rules.”

(Ezekiel 36:26–28)

Using this verse, ask the Lord to give you a new heart and to help you walk in His way.



I'M GOING WISE

Use this page to journal. Write down what you're learning. Record your thoughts, comments, favorite verse, quotes, or questions. Compose a prayer, letter, or poem. Jot down notes from your small-group session. Draw, doodle, or diagram. Be creative. We've provided this space so you can process and apply the book whichever way is best for you.



Remember: You'll find videos, a forum, and many other resources to help you learn how to walk wisely on the GirlsGoneWise.com website. And you can follow Girls Gone Wise on Facebook (facebook.com/girlsgone-wise) and Twitter (twitter.com/girlsgonewise) too.